



**CENTRE FOR STUDIES IN PHYSICAL EDUCATION & SPORTS
DIBRUGARH UNIVERSITY: Est.-2009**

Dr. Mantu Baro, Director i/c

Phone: 9954934003

email :cspesdu@dibru.ac.in

**ADMISSION NOTICE
PGDYED PROGRAMME: SESSION 2026 – 2027**

Application in prescribed forms are invited for admission to the following programme in the session: 2026-27

1. Post Graduate Diploma in Yoga Education (PGDYED): One year (Two Semesters)

Eligibility:

Bachelor's Degree in any discipline with a minimum of 50% mark in aggregate.

Preference shall be given to the candidate who studied physical education as compulsory/elective subject and having participation at least in minimum Inter-District/School Competitions in Yoga/Sports and Games as recognized by the AIU/IOA/SGFI/Govt. of India.

Relaxation in the percents of marks in the qualifying examination and in the reservation of the seats for SC/ST/OBC and other categories shall be as per the rules of the Central Govt. /State Govt./ University whichever is applicable.

Important dates

- a) Online Application process will begin from : **06th July 2026**
b) Last date for receiving the online filled in application form : **30th July 2026**
c) Date of Entrance Test : **5th August 2026**
(Reporting Time 8:30 a.m. at Centre For studies in Physical Education and Sports, Dibrugarh University)
d) Declaration of result of Entrance Test : **Will be notified later**
e) Date of Admission : **Will be notified later**

Criteria of Selection Test:

- A. Written Test: 50 marks
B. Physical Fitness Test: 40 Marks
Test Items: (10X4=40)
1. Sit and reach test (Flexibility test)
2. Medicine ball standing front throw : Male – 5 kg- and for Female – 3 kg
3. 1000 mtr running
4. Shuttle run: 4x10 yards
C. Sports Achievement: 10 Marks



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Note:

- ❖ Documents required at the time of Entrance are as follows:
 1. Hard Copy of Application form along with copy of all the Educational Testimonials need to submit and must produced Original Testimonials during verification.
 2. Sports Achievement Certificate
 3. Medical Fitness Certificate
 4. Risk Certificate (Format will be provided at the time of reporting for entrance)
- ❖ Personal Sports Kit (Proper kits is mandatory to appear in Physical Fitness and Sports skill test)

Dr. Mantu Baro
Centre In-charge
Centre for Studies in Physical
Education and Sports
Dibrugarh University